

# Success!

**Date:** May 2010

**Name:** LaVonne

**Condition:** Hip pain, Depression

I had been having problems with my hips being “out of alignment” for three or four months. I had been to a chiropractor several years ago when I had the same problem and was in excruciating pain, so I knew where this could lead if I let it go on too much longer. I was also being treated for depression for the previous six months.

Every morning I would wake up, push myself out of bed, and hobble to the restroom. And every morning the same song would play in my head... *“I’m much too young to feel this damn old.”*

The day after my first Knee-Chest Upper Cervical adjustment by Dr. Crowder, I found myself “hopping” out of bed with a spring in my step that I hadn’t felt in a LONG time. My friends noticed an immediate difference in my attitude... my silly, funny personality was BACK! There was now a new song playing in my head every morning... *“I’m feeling good from my head to my toes!”*

I have also found that my posture has greatly improved, and I don’t get severe back muscle spasms when I sit for several hours. I no longer take anti-depressants, and I’m back to enjoying home and gardening projects again, and spending time with friends.

The staff is great and you can tell they are *truly* passionate about helping people feel better, and keeping them feeling good.

I would highly recommend Dr. Crowder because I’ve seen the results in myself.

**Signature:** \_\_\_\_\_